

September 30<sup>th</sup>, 2020

## **Annoying Autumn Pollinosis.**

Hello everyone. 😊

It's getting colder and colder, but how are you feeling?

September and October are the peak of hay fever in autumn. 🌿

In autumn, pollen such as Ragweed, Great ragweed, and Mugwort, which are plants of the chrysanthemum family, scatter.

The director of our clinic always sneezes, too (lol). 🤧

If you have symptoms such as a heavy head, a runny nose, stuffy nose, or sneezing, you may have hay fever.

Many people who live in Japan for a long time are splashed by pollen and develop hay fever.

It is a little sad nature to live in Japan. (hahaha.....)

In our clinic, we can prescribe medication, eye drops, and nasal spray for hay fever.

Please feel free to consult with us. 😊

Roppongi HAT clinic